

TRAINER ASSESSMENT EVALUATION

Trainer's Name: WAI K LEONG

Module: COACHING FOR PERFORMANCE

Date: 24th-25th January 2011

Ratings: 5 – Excellent, 4- Above Average, 3- Average, 2- Below Average, 1- Poor

SECTION A	PARTICIPANT	1	2	3	4	5	6	7	8	9	10	11	12	13	14	Average Rating
1. Was the trainer prepared?		5	5	5	5	5	5	5	5	5	5	5	5	5	4	4.9
2. Was the content clearly explained?		5	4	5	5	5	5	5	5	5	5	5	5	5	4	4.9
3. Was the session content clearly understood?		5	4	4	5	5	5	4	5	5	5	5	5	5	4	4.7
4. Did the trainer maintain your interest throughout the session?		5	5	5	5	4	5	4	5	5	5	5	5	5	5	4.9
5. Did the trainer encourage class interactions?		5	5	5	5	5	5	5	5	5	5	5	5	5	5	5.0
6. Were the trainer's skills excellent?		5	5	5	5	5	5	5	5	5	5	5	5	5	5	5.0
Average Rating		5.0	4.6	4.8	5.0	4.8	5.0	4.6	5.0	5.0	5.0	5.0	5.0	5.0	4.5	4.9

SECTION B

What were the most important things that you learnt in the session?	
<ol style="list-style-type: none"> So many good concepts – Accentuate the positive, Everyone gets an A Mindset shift, Everyone gets an A, Validation Create a vision, scaling technique, everyone gets an A Mindset shifts, Distinctions, Powerful Questions, Accentuate the Positive, Validation Asking the right questions, Way to draw answers out, Perception of situation. Makes me feel how powerful it is a good coach can leverage on possibility 	<ol style="list-style-type: none"> Went deeper into the theory of coaching and have much better understanding which will give me more confidence to use coaching. How to be an effective coach. Everybody gets an A, Power of Validation, Scaling technique Listening Skills Accentuate the positives
Did this training inspire you? How?	
<ol style="list-style-type: none"> More tools to coach confidently and apply the coaching mindset. Yes, good mix of video, engagement, music and role-plays Real practical tools, personal plan evolved from a coaching session. Absolutely! It has given me a better insight into the coaching process. Great knowledge and use of tools to keep the team engaged. The trainer's calm and relaxed style made everyone felt comfortable and made me feel I want to take this home and do it! 	<ol style="list-style-type: none"> Yes. To be a better manager and coach in the right direction. Yes. In radiating possibilities. Very much so. Attitude, Patience, Pace Yes! To change. Absolutely YES. The role play sessions really helped me to be involved and practice, understand and get clarity on what makes a good coach.
What do you believe needs to be improved to make this course excellent?	
<ol style="list-style-type: none"> Sorry but tough to identify anything! None. The trainer's excitement & enthusiasm, interaction with participants, trainer's depth of knowledge, humor, high & low tone made the training fantastic. None. Best in class Could do with a few more practice sessions and role plays. 	<ol style="list-style-type: none"> Food! Slides handouts. None. Great visuals, Great Interactions, Great games. More time and chance to role play.
Please comment on the trainer.	
<ol style="list-style-type: none"> Well prepared and tremendous depth of knowledge on the subject matter. Excellent Someone to lookup to. Excellent & thanks for sharing your knowledge. Top drawer Wai K! You truly are. EXCELLENT! EXCELLENT! Great style. Really makes you feel comfortable and at ease. 	<ol style="list-style-type: none"> Excellent style. Creates an environment where you are free to learn. Great subject matter knowledge. EXCELLENT! Excellent! TRULY SENSATIONAL SESSION! Engaged 100% throughout the session.

PARTICIPANTS

Simon Flint – Managing Director (Asia)	Shaun Eric Measday – Managing Director (Mal)	Logeswaran Mayavan – Senior Club GM
Peter Ling – Human Resource Director	Hylton John Drake – Area Business Mgr	Liza Oh Chin Choo – Club GM
David Posser – Chief Financial Officer	Hendrik Benjamine Jooste – Area Business Mgr	Shanti Thamby – Club GM
Andrew Phillips – Leasing & Commercial Director	Michael Ampalavanar – Area Business Mgr	Maggie Loo – Clu GM
Richard Hutson – Sales Director	Janis Ng – Corporate Sales Mgr	Danish Suresh –Senior Fitness Mgr